

# VIBRANT MOMS NEWSLETTER

March 2024



## VIBRANT MOMS Coalition Meeting and Working Groups

Our 3rd quarterly Coalition meeting was held on Zoom on February 22nd, 2024, and attended by 38 people. We reviewed progress and current activities related to the VIBRANT MOMS project. Meeting minutes were sent out to you in an email last week. Analysis for the inpatient data is now underway and recruitment for key informant interviews and focus groups has begun. Thank you to all who attended and engaged during our valuable breakout group discussions and who expressed interest in working groups!

Working Groups are being formed for the following topics. If you expressed interest in one of these you have either already been contacted or will be contacted soon!

- Inpatient data
- Recruitment
- Community engagement/outreach
- Website and social media

Your insights and community knowledge are valuable. Your guidance and direction through these working groups helps ensure that this project reaches your community members!

Our next Coalition meeting will be on May 9th, 2024 via Zoom.

Thank you for all that you do in and for your communities!

## Partner Highlight - Panhandle Community Services



Panhandle Community Services (PCS) is a community action agency that services the top 26 counties in the Texas Panhandle. Our mission is to work as a community leader and partner in the Texas Panhandle to change the lives of low-income people by bridging the gap from poverty to self-sufficiency. We do much for the community, and many families can benefit from our services. PCS has 12 offices located across the Texas Panhandle and each office is staffed to answer programmatic questions.

Most of our programs are federally and state-funded, with a small portion of private funding. Our social media is active, and program updates are sent out regularly through this platform. Our most extensive program at PCS is the transportation program. It employs about half of our staff. Transportation Buses can be seen around the Panhandle almost every hour of the day; the most popular rides are medical rides, most of which insurance covers the cost of the rides. Other services PCS offers are Utility Assistance, HUD housing, Family Development program, Weatherization, Career Coaching, Emergency Assistance for Veterans, Earned Income Tax Credit assistance (currently assisting families with tax help), AmeriCorps Seniors RSVP program, and Health Navigator program. Our Health Navigators are federally certified and assist individuals applying for Marketplace and Medicaid health insurance.

As a Community Action Agency, our promise is to change people's lives, embody a spirit of hope, improve communities, and make America a better place to live. We care about the entire community and are dedicated to helping people help themselves and each other.

For more information on PCS services, please visit our website: [www.panhandlehelp.org](http://www.panhandlehelp.org), call our office @ (806)372-2531, or visit our Facebook page - @PanhandleCommunity Services.

### VIBRANT Moms Coffee Conversations

Virtual "Coffee Conversations" are held **every Thursday from 10am-12pm**. Join us to share events, celebrations, news, and discuss ideas related to the project and the communities we reach and serve.

Zoom Link:

<https://ttuhsc.zoom.us/j/96795698042>

If this time doesn't work for you, just email us and we can schedule a different time to meet.

## reminder

The **VIBRANT Moms directory** is now available! The VIBRANT Moms directory has all of the information about the Coalition Members and can be used as a tool to learn about other members and stay connected.

If you need to make any updates to your contact information please email us at [vibrantmoms@ttuhs.edu](mailto:vibrantmoms@ttuhs.edu)

**Click here to access the directory.**

<https://bit.ly/3NjuEHc>

## International Women's Month



March is International Women's Month! To the women around the world, in our community, and within our Coalition team we celebrate you and your trailblazing contributions to our community!

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VIBRANT MOMS: Verifying and Implementing evidence-Based pRograms for Addressing Needed Transformations in Maternal Outcomes, Measures, and Support