

VIBRANT MOMS NEWSLETTER

February 2024



Maternal Health Transformation Summit

In January, a conference was held in Atlanta, GA for the 7 teams that have received National Institutes of Health (NIH) Community Improvement Program (CIP) awards for maternal health. To represent our VIBRANT MOMS team Casie Stoughton, Julie St. John, and Christine Garner attended and presented on our population, community engagement, and project plans. They learned about current maternal mortality data and health disparities across the country as well as specific needs and implementation strategies from other teams. They connected with leaders from the Preeclampsia Foundation, program leads at the NIH, and Westat, the group that manages all of the CIP awards. The VM representatives also met their “buddy” team, NYU Langone, who is implementing healthy lifestyle interventions through Community Health Workers.

Other teams in attendance included:

- Arizona State University, Phoenix, AZ
- Moorhead School of Medicine, Atlanta, GA
- University of Nebraska, Omaha, NE
- New York University Langone, NYC, NY
- Tulane University, New Orleans, LA
- University of North Carolina, Chappel Hill, NC



Maternal Health
Community Implementation Program

Partner Highlight - Amarillo Public Health

We are pleased to announce that the National Council for Mental Wellbeing has included the Amarillo Public Health Department as part of the ninth cohort of the Behavioral Health Training Institute (BHTI) for Health Officials Program which is an initiative in partnership with the Centers for Disease Control and Prevention's (CDC) National Center for State, Tribal, Local, Territorial Public Health Infrastructure and Workforce. The 25 participants come from 16 states, including six pairs of public health officials and their behavioral health partners, and one tribal health department.

Through the BHTI program, the National Council will provide training and technical assistance around mental health and substance use challenges to these state, regional, local and tribal health officials. The health officials will participate in an in-person training institute; the National Council's annual conference; direct training and technical assistance opportunities; and additional resources to enhance their agency's mental health and substance use efforts. Participants will also have exclusive access to the National Council's Trauma-informed Resilience-oriented and Equity-focused Systems (TIROES) supervisor track workshop series. The cohort is active from December 2023 to July 2024.

NATIONAL COUNCIL
for Mental Wellbeing

HEALTHY MINDS • STRONG COMMUNITIES

Upcoming Coalition Meeting via Zoom - February 22nd!

We look forward to seeing everyone via zoom for our next Coalition Meeting! Calendar invite has been sent out. If you did not receive this please email us at vibrantmoms@ttuhsc.edu.

When: Thursday February 22nd
Time: 12:00 pm - 1:00 pm
Location: Via Zoom

Zoom Link Information:

[https://ttuhsc.zoom.us/j/98137252360?](https://ttuhsc.zoom.us/j/98137252360?pwd=cFhnamJ6cTkrTDNpTINGk0pyL3ZrQT09)
[pwd=cFhnamJ6cTkrTDNpTINGk0pyL3ZrQT09](https://ttuhsc.zoom.us/j/98137252360?pwd=cFhnamJ6cTkrTDNpTINGk0pyL3ZrQT09)

Meeting ID: 981 3725 2360
Passcode: 511010

VIBRANT Moms Coffee Conversations

Virtual “Coffee Conversations” are held **every Thursday from 10am-12pm**. Join us to share events, celebrations, news, and discuss ideas related to the project and the communities we reach and serve.

Zoom Link:

<https://ttuhsc.zoom.us/j/96795698042>

If this time doesn't work for you, just [email us](mailto:vibrantmoms@ttuhsc.edu) and we can schedule a different time to meet.

reminder

The **VIBRANT Moms directory** is now available! The VIBRANT Moms directory has all of the information about the Coalition Members and can be used as a tool to learn about other members and stay connected.

If you need to make any updates to your contact information please email us at vibrantmoms@ttuhs.edu

Click here to access the directory.

<https://bit.ly/3NjuFHC>

Email: vibrantmoms@ttuhsc.edu



Phone: 806-414-9972



VIBRANT MOMS: Verifying and Implementing evidence-Based pRograms for Addressing Needed Transformations in Maternal Outcomes, Measures, and Support

Meet Our Newest Team Members!



Tobi Oladeji
Graduate Assistant

I am originally from Nigeria and recently moved to Lubbock, TX five months ago. I am currently a graduate student of Master of Public Health at the Texas Tech University Health Sciences Center. I am a detail-oriented medical doctor who has worked as a facility physician and a public health enthusiast passionate about resolving health disparities, especially amongst vulnerable and underserved communities. I bring a wealth of clinical expertise and deep commitment to improving healthcare outcomes for mothers.



Andrea Lara
Graduate Assistant

I am originally from Monterrey, Mexico and moved to Plainview, TX 18 years ago. I recently graduated with a Bachelor of Science in Nutrition from Texas Tech University and I am currently a Master of Public Health student at Texas Tech Health Sciences Center. My overarching purpose revolves around aiding other, and my ambition is to seamlessly integrate both nutrition and public health, fostering positive change for the greater good.



Monique Jimenez
Community Health Worker

I am an Amarillo-based mother of six with a decade of experience in public health. I am passionate about community well-being through my work and dedicated to raising a large, loving family in the heart of Texas.



Jennifer Schiele
Community Health Worker

As a compassionate mom and wife from North Dakota, I've previously dedicated myself to caring for Medicaid patients in their homes as a care manager for an in home healthcare agency. I have built strong ties to the Amarillo and Pampa communities over several years working there. My empathetic nature drives my commitment to serving others, and I am currently pursuing a Bachelor of Science in Business at Full Sail University, set to graduate in June, blending my caregiving experience with a solid foundation in business management.

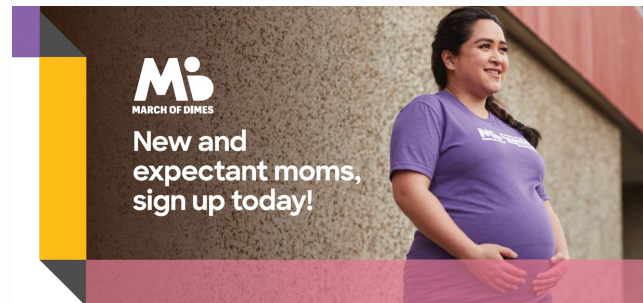
Working Groups

Working Groups will begin at the February Coalition meeting on Thursday February 22nd! Please think about which group(s) you might want to participate in, as we will have virtual breakout sessions for the following:

1. Recruitment
2. Community Engagement



March of Dimes



Care in the Fourth Trimester, a new program supported by FirstCare Health Plans, part of Baylor Scott & White Health, teaches new moms how to best care for themselves during their first year after having a baby.

Join us for a free dinner and a chance to win door prizes as you learn from local perinatal specialists how to be the best mom you can be.



Register with this QR Code.

Date: Monday, March 11, 2024

Time: 5:00 PM - 6:30 PM

Location: Region 16 Education Service Center
1601 S. Cleveland St.
Amarillo, TX 79102

Enter through Door #1

Questions? Call Lisa Dillard at 806.781.6804

